

Counselor Contact Information:

**Helping Students
Succeed**

School Counseling attempts
to help all children get the
most out of school.

Your support and
cooperation can help make
your child's school years a
rewarding experience.



*It is our hope that
parents and students feel
free to use these services.
We look forward to
working with you.*

Mr. Abdul Zaid

High School Grades 9 to 12

Alphabet: A to H

Phone: 821-5610 Ext. 2905

Email: Azaid@lackawannaschools.org

Mrs. Megan Alimonti

High School Grades 9 to 12

Alphabet: I-Z

Phone: 821-5610 Ext. 3006

Email: malimonti@lackawannaschools.org

Mrs. Ann Marie Hoch

Special Education Counselor:

Grades 6 to 12

Phone: 827-6727 Ext. 2901

Email: Ahoch@lackawannaschools.org

Mrs. Marisa Chini Szentesy

Middle School Counselor / Department Chair

General Education: Grades 7 to 8

Phone: 827-6704 Ext. 2902

Email: Mchini@lackawannaschools..org

Mr. Tim Regan

Middle School Counselor

General Education: Grade 6

827-6727 ext. 2900

Email: tregan@lackawannaschools.org

Mrs. Deanna Kowalski

Guidance Department Secretary

827-6727 ext. 2900

Email: dkowalski@lackawannaschools.org

**Lackawanna
Guidance
Department**



**Middle School
And
High School
Grades
6 to 12**

Students, we are here to help you with:

- ◆ Working out friendship problems
- ◆ Setting goals
- ◆ Working well with others
- ◆ Feeling good about yourself
- ◆ Adjusting to a new school
- ◆ Learning how to make decisions
- ◆ Managing your feelings (stress, worry, anger, etc.)
- ◆ Dealing with peer pressure and bullying

Parents, we are available to assist and provide you with:

- ◆ Arranging Parent–Teacher Conferences
- ◆ Exploring ways to help your child succeed
- ◆ Improving parent-child communications
- ◆ Referrals to community resources
- ◆ Understanding the developmental changes of childhood
- ◆ Supply reference materials
- ◆ Information to help understand your child’s special

Services Provided:

- ◆ Scheduling
- ◆ Classroom Presentations
- ◆ Parent Consultations
- ◆ Community Resource Referral
- ◆ Career and College Awareness and Exploration
- ◆ Scholarship Exploration
- ◆ SAT/ACT Registration
- ◆ Transcript Requests
- ◆ Financial Aid Night
- ◆ NCAA Clearing House